



North State Building Industry Foundation's

PROJECT MY OWN BED

MATCHING NEED WITH PURPOSE

19% of Sacramento's population lives below the poverty line, (a number that is higher than the national average of 14%). For children who fall into this category, their reality often includes sleeping without a bed. They sleep on couches and even floors and this can affect their health and happiness.

The North State Building Industry Foundation

is committed to helping youth thrive in their transition to adulthood. Through a variety of initiatives and programs we connect youth to training, education, internship and work opportunities in the homebuilding industry to help them build sustainable futures.

For this special purpose, we are calling upon our **Out of School Youth (OSY) Program** to meet the needs of these children. The program serves unemployed youth, ages 18-24, who have little to no work experience. OSY receive life skills coaching and community service, leadership, and work readiness training with the goal of moving toward self-sufficiency.

This project will give OSY clients the opportunity to develop their construction motor skills and customer service skills while serving the community.

Each child in the Sacramento Area will receive:

- 1 bunk bed with an option of a single level crib, if needed
- 2 twin mattresses
- 4 sets of sheets with a comforter. Each child can choose a theme for their sheets.
- 2 pillows for each bed

Cost per each child is **\$870**.

OSY is partnering with community based organizations to identify recipients. Bed delivery will occur as financial donations are received.

- \$260 purchases the bunk bed
- \$160 purchases two mattresses
- \$60 purchases two sheet sets
- \$20 purchases two mattress covers

How you can help:

- Make a tax deductible donation to support the project's expenses. Donate online using the link below or send a check with a reference to "Project My Own Bed" to:
North State Building Industry Foundation
1536 Eureka Road
Roseville CA 95661
- Volunteer your time to help deliver & install beds with OSY

It's a win-win for OSY and local children!

For inquiries, contact Project My Own Bed Project Coordinator,
Alla Tsakke, at alla@northstatebia.org



Follow our progress & make a donation at <https://www.biaworkforce.com/project-my-own-bed.html>